**Reintegration: Child Intake Questions**

The goal of the intake process is to gather information. The intake process is a closed process to ensure that each individual has the privacy to share their concerns and their perceptions.

The designated therapist is gathering information to make the following decisions:

1. Is the file appropriate for Reintegration?
2. What would the general therapeutic goals be for each family member, from a Family Systems approach?

The Family Services Clerk meets with both parents for the initial intake. This is to gather information and begin the process at a reduced cost for the clients. Thus, as the designated therapist, you will review the Intake Summary and any relevant documentation related to the file. This will provide you with basic information on each parent’s perceptions.

You will meet with the child(ren) and again with the parents (if necessary).

**Child Intake Interview: Potential Questions**

As a reintegration therapist, the primary goal would be to understand the child's perspective and explore the reasons behind their refusal to spend time with their parent. Gathering information to better understand the child’s feelings, concerns, and any potential barriers. Here are some potential questions: **please ensure you consider the age of the child when choosing the questions you wish to ask.**

1. Can you tell me about your relationship with your parent? What are some things you like and don't like about spending time with them?
2. Can you describe how you feel when you think about spending time with your parent? What emotions come up for you?
3. Can you tell me about any specific incidents or events that may have contributed to your feelings about your parent? What happened, and how did it make you feel?
4. Can you tell me about any concerns or fears you may have about spending time with your parent? What are you worried might happen?
5. Can you tell me about your relationship with your other parent, or any other important adults in your life? How do you feel about spending time with them?
6. Can you tell me about any other significant changes or stressors in your life right now? How are you coping with these changes?
7. Can you tell me about any goals you might have for therapy or for your relationship with your parent? What would you like to see happen?
8. Can you tell me about any positive memories or experiences you've had with your parent in the past? What made those experiences enjoyable for you?
9. Can you tell me about your parent's strengths or positive qualities? What do you appreciate about them?
10. Can you tell me about any friends or family members who might be supportive of your relationship with your parent? How do they feel about the situation?
11. Can you tell me about any previous attempts to reconcile with your parent? What happened, and how did you feel about it?
12. Can you tell me about any conflicts or disagreements that have arisen between your parents? How have these conflicts impacted your relationship with your parent?
13. Can you tell me about any changes or transitions in your parent's life that may have affected your relationship with them? How did you respond to these changes?
14. Can you tell me about any interests or hobbies you have that you might share with your parent? How might you incorporate these into your time together?
15. Can you tell me about any concerns your parent has expressed about your behavior or choices? How do you feel about these concerns?
16. Can you tell me about any concerns or fears your parent has expressed about your relationship with them? How do you feel about these concerns?
17. Can you tell me about any supports or resources you might need to help you feel more comfortable with the idea of spending time with your parent? How might we work together to make those supports available to you?
18. Can you describe your parent's expectations for your relationship with them? Do you feel like these expectations are reasonable?
19. Can you tell me about any specific fears or anxieties you have about spending time with your parent? What are you worried might happen?
20. Can you tell me about any strategies or coping skills you have used in the past to manage difficult emotions or situations? How might we build on those skills to help you manage your relationship with your parent?
21. Can you tell me about any communication difficulties you may have with your parent? What might help you feel more comfortable expressing your thoughts and feelings to them?
22. Can you tell me about any conflicts or disagreements that have arisen between you and your parent? How have these conflicts impacted your relationship with them?
23. Can you tell me about any previous experiences you've had with therapy or counseling? What was helpful or unhelpful about those experiences?
24. Can you tell me about any cultural or religious factors that might be influencing your relationship with your parent? How might we take those factors into account as we work together?
25. Can you tell me about any questions or concerns you may have about the reintegration process? What information might be helpful for you to feel more comfortable with the idea of spending time with your parent?